



ReNew Life
Wellness
Center

IS IT TIME?
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SIGNS OF THE RIGHT TIME

Let's face it; colon cleansing is not a popular subject to discuss. Because of this, most people are unaware of the symptoms that indicate they may have an unhealthy or toxic colon. So how do you know when it's time for a colon detox? If you are experiencing any of the following symptoms or health problems, you may be suffering from a toxic colon. A colon cleaning program can help alleviate the following health issues...

- Frequent fatigue, low energy
- Chronic constipation
- Flatulence, gas & bloating
- Diarrhea
- Recurring headaches
- Frequent colds, infections, flu
- Skin problems like acne, rashes and eczema
- Irritability or mood swings
- Allergies
- Bad breath & foul-smelling stools
- Impaired digestion
- Acid Reflux
- Irritable bowel syndrome (IBS)
- Candida infection

Remember, ***your colon is the center of your health system.*** Everything you eat has to pass through your digestive system and then out through the colon. If your digestive process is not working effectively, this will influence your entire body. People that have a healthy colon do not typically suffer from the health problems listed above. A clean and healthy colon supports a healthy life.



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Colon Hydrotherapy Treatments and
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Suzanne Gray, M.Ed, LMT, CT