



# ReNew Life Wellness Center

## Summer Self Care Plan

## July 2012 Newsletter

### How can we best support you in creating a Summer Self Care Plan?

***Celebrate Summer*** by calling the ReNew Life Wellness Center to receive the benefits that Colon Hydrotherapy has to offer: cleansing, detoxifying, immune boosting, de-stressing, relaxing, balancing, restoring, just to name a few. A colonic will enhance your whole



Summer Self-Care Plan!

**Gift yourself with a Summer Care Plan.** We will support you by discounting colonics received throughout the month of July by \$5 each.

Call **813. 871.3200** or email [me](#) to schedule a session. You already know the other ingredients: eating organically and locally, drinking water, exercising, breathing in the fresh air, meditating, lengthy sleeping and playing well.

**Add this vital ingredient: Colon Hydrotherapy! Simply mention this e-mail to receive this special offer.**

Best Health and Warm Regards,  
*Suzanne Gray*

